

Abstract

The purpose of the invention is to enhance the body taste, taste and flavor of
5 foods.

Thus, the present invention is related to a method for enhancing or making
better body taste or taste of the foods by adding n-3 long-chain highly
unsaturated fatty acid having 20 or more of carbon atoms and 3 or more of
10 double bonds, or adding n-6 long-chain highly unsaturated fatty acid having 18
or more of carbon atoms and 3 or more of double bonds to them.